

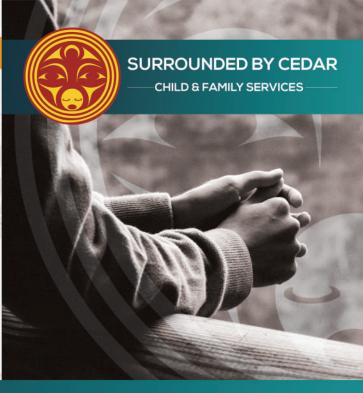
ABOUT OUR LOGO

In the spirit of spindle whorls, the logo for Surrounded by Cedar depicts an adult face with a smaller child's face inside the mouth. Surrounding these two faces are the dendrochronoligical rings of red and yellow cedar.

→ INDIGENOUS CHILDREN NEED HOMES NOW

- Children and youth who are connected to their families, communities and cultures do better as adults.
- When Indigenous children need to be away from their families, it is important for them to be with caregivers willing to work to keep them connected to their roots.
- We look to our foster parents to fulfill this role, and to be a supportive, consistent caregiver in our children's lives.
- Being a caregiver is a challenging job with many rewards. Caregivers play a very important role in our families, and in the wellbeing of our communities and Nations.
- We are always in need of caregivers and of Indigenous families willing to open their hearts and their homes to an Indigenous child.





CONTACT US.

CHILD AND YOUTH COUNSELLOR



Phone: 250-383-2990 Toll Free: 1-855-383-2990 Fax: 250-383-2509



www.surroundedbycedar.com info@sccfs.com counselling@sccfs.com



211-1497 Admirals Road Victoria BC Canada V9A 2P8 The SCCFS Counselling Program offers individual clinical counselling and group counselling services to urban Indigenous children, youth and families impacted by complex trauma. SCCFS group counselling services aim to address mental health and wellness using Indigenous modalities of helping and healing.

Child & Youth Counselling Services

The SCCFS Counselling Program offers individual clinical counselling and group counselling services to urban Indigenous children, youth and families impacted by complex trauma.

SCCFS group counselling services aim to address mental health and wellness using Indigenous modalities of helping and healing. The program strives to include the regular participation of traditional knowledge keepers and community Elders.

The SCCFS Counselling Program also offers individual clinical counselling to urban Indigenous children and youth in care as well as clinical support to families who are seeking mental health services. Children, youth and families who are waiting for mental health treatment services are invited to connect with the agency's clinician to learn more about strategies for crisis response, stabilization and preparing for the healing journey.



TOPICS FOR COUNSELLING



Child and Youth Programming



Individual clinical counselling based on individual need. Topics for child & youth group programming include: coping with stress, emotional and behavioural regulation, attachment and relationships, identity development and life transitions.

- > Traditional Modalities of Self Care
- Belonging & Connection
- (>) Indigenous Harm Reduction

Family and Caregiver Programming

Topics for family and caregiver programming include: parenting through trauma using culture and connection; fostering resiliency in Indigenous children and youth; enhancing attachment and relationships with kids.

- Sometimes of the second of
- Indigenous Values of Attachment
- Raising Proud Indigenous Leaders
- Traditional Parenting Teachings

Connect with Our Clinician

Children, youth and families waiting for mental health treatment services can connect with SCCFS's clinician to learn about strategies for: crisis response, stabilization and preparing for the healing journey.



The Referral Process

Children, youth or family members wishing to access group counselling or clinical counselling support services at SCCFS may self-refer at any time. Community service providers may also refer on behalf of children, youth or families.

If you are interested in making a referral, or in learning more about the counselling services at SCCFS, feel free to contact the Child & Youth Counsellor directly by telephone or email.



Our Commitment

Surrounded by Cedar will provide child and family services strongly rooted in Indigenous cultural values and world views while ensuring urban Indigenous children and youth grow up connected to family, community and culture. We will support the empowerment of the urban Indigenous community to continue the reclamation of traditional systems of caring for and protecting children so no child or youth will be placed into care.

